1: Turnbull E-4. 5 (1951-1955) 1965 FO4 Pygmies FO4
Mbuti

[ARCHERS]

553 Schebesta reports that the child is not named for some weeks after birth. To name a boy is the father's prerogative or that of the oldest male members of his lineage; to name a girl is the right of the mother or her oldest relatives. There is no uniform custom, except that naming is primarily the privilege of the parents.

844 It is a Pygmy custom to fasten the umbilical
• 846 cord to the child's elbow and later to bury it in
[114] some swamp. Schebesta found no evidence of the truth of Johnston's statement (1902, 1904, 539) that Pygmy women sever the umbilical
847 cord with their teeth. Abortion is known to the Pygmies, but plays no part in marital life.

Twins

845 The birth of twins, among the archers, seems
847 to be considered abnormal and inauspicious. Schebesta frequently heard that following the birth of twins one had died. He was told by an elder that, when twins are born, the elders are immediately informed, and they advise that if both infants are strong and healthy they be allowed to live, otherwise the weaker of the two should be killed. The mother herself smothers the infant by covering its nose and mouth with her hand. The body is immediately buried in the house, which is promptly abandoned.

[P.178-B]

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[ARCHERS]

[P. 178-C]

Dances are organized by the women to celebrate the birth of twins, whether or not both live. Schebesta (1948, 409) mentions the fact that, although the neighboring village tribes have similar feelings about abnormal births, they content themselves with evading unhappy consequences by magical dances and other rites. Schebesta (1948, 409) suggests that superstitious terror and fear of attendant sanctions drive the Pygmy mother to the more violent way of avoiding danger. He writes that all abnormal infants are also put to death immediately following birth, either by the mother or by her female attendants; the men are never permitted to see these monsters. They too are buried in the house, which is immediately abandoned. 845 [535] 845 847

Postnatal Care

The mother surrounds her child with every care and attention until she again becomes pregnant, and even subsequently if the child is not yet able to look after itself to some extent. 846

[ARCHERS]

After giving birth, the mother keeps her infant 846 •
in the shade of her hut for three or four days,
receiving visits from admiring neighbors. The 854
infant is protected by various charms and [789]
amulets attached to its elbow and wrist. It is [853]
fed whenever it cries. When the mother does
leave her hut, carrying the infant on her back,
she protects it from the sun by covering it with
a leaf. When it is bigger she carries it without a
supporting sling, either on her hip or on her
back. The child is always with her, and she
devotes her spare time to playing with it and
singing to it. Even when dancing she may carry [535]
it in a sling at her side.

The child is taught to walk almost as soon as 856
it is big enough to be allowed on the ground
alone. This process is sometimes hastened by [825]
scratching its knee and placing a fast-moving
beetle (*pakalakala*) in the blood, then allowing
it to run away. Soon, the mother believes, her
child will be running as fast as the beetle.

Breast feeding is continued for about a year; 853
sometimes a child continues to be breast fed
while it is able to run about the camp. But from
a few weeks after its birth it is introduced grad-
ually to vegetable foods.

Fathers, although Schebesta writes that they 854
do not like to be bothered with infants, help 855
their wives in the care of children and even 593
attend to their personal needs.

[P. 178-D]

1: Turnbull E-4. 5 (1951-1955) 1965 FO4 Pygmies FO4
Mbuti

[NET HUNTERS]

If no foster mother is available, an infant whose mother dies during childbirth is fed banana water, supplied by the villagers, through a leaf funnel. When an infant is in such danger, the juice from a certain liana is sprinkled over it to make it strong. 846 853]

A woman who has given birth is not allowed to leave her hut until game has fallen into her husband's net. If the camp is moved before this happens, she is hidden in the bush and taken separately to the new camp where she is kept hidden until her new hut is built for her by relatives (not stated which relatives). The husband himself may not join the hunt but sends his net with another member of the group.

The father keeps the arrow that cut the umbilical cord, and the cord itself, until the child is old enough to throw them both away into the forest.

If no animal falls into the husband's net (the rule is extended usually to include some close relative's net) for some weeks, the mother and infant may be brought out of seclusion by the giving of a feast to her relatives. The baby is then shaved with an arrowpoint, bathed, rubbed with oil and red *nkula* paste, and bands [851]

[1] Note that this took place in a village, where such supernatural explanations are always sought by villagers. It is doubtful that the same explanation would have been given in the forest context. [877 901]

[P 213-D]

1: Turnbull E-4, 5 (1954-1955) 1965 FO4 Pygmies FO4
Mbuti

[NET HUNTERS]

[P. 214-A]

846 [851] of barkcloth are sewed around its arms and knees. The father and mother are now freed of most restrictions, but neither may eat meat until the baby can crawl. The exact extent of restrictions on sexual relations[1] during this period is not given by Putnam.

844 Putnam emphasizes the normality of childbirth itself, despite the possibility of ensuing complications such as those described above from Anne Putnam's personal observation. The woman makes no allowance for her condition and may actually be moving from one camp to another when her time comes, in which case she gives birth to the child and then moves on (Putnam, 1948, 339). There is no ritual recognition of the birth of a child. Naming takes place only after some weeks when the infant has shown that it "has come to stay." If it dies before it has been named, there is no particular ceremony and little mourning except by the mother. There is a great deal of fostering and adoption, according to Putnam (1948, 340), particularly between sisters and women who are friends and who work together. When a woman with young children dies, her sister takes her girls and young boys and looks after the girls until they are marriageable; the father

851 553 [766] 597 85

[177] [1] Again it must be stressed that many such restrictions are part of the village system, and, although the Mbuti may claim to follow them, such adherence is likely to be far from rigid.

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Mbuti
Congo-Kinshasa FO1

as being masters, and their help is constantly being sought by villagers, not so well versed in forest lore. It has been shown, however, that where the Mbuti see a remedy that is more effective than theirs, such as modern drugs (only in some cases are these apparently superior), they will eventually seek them. Insofar as local dispensaries were run by villagers, the Mbuti had to rely on the villagers for such drugs. I do not consider this an instance of dependence, however, as up to the end of my last field trip the Mbuti would only seek such help when they were in the village; in the forest they found their own remedies adequate. Even more, when sickness or injury befell them in the village, the common reaction was to return to the forest.

But here we may note a significant difference in attitude to magic, or curative activity. Childbirth is a time which is thought of by both Mbuti and villagers as being attended by the possibility of danger, at least. The Mbuti think in terms of physical danger, and they have precautions that they take in the diet and behavior of the expectant mother before birth, and apparently effective knowledge of midwifery, including recognized ways of dealing with difficult births. After birth there are known cures for any weakness the infant or mother might show. What is lacking, among the Mbuti, is precisely what is dominant among the villagers: a felt need for protection against the supernatural.

A village mother and child will both have, according to how wealthy the family is, a number of potions to drink (which may or may not have medical significance, but are thought of as being protective) and divers charms to wear. The protection is thought to be necessary against *unknown* dangers. The difference between the two peoples is in the extent of this unknown. An Mbuti infant will have a vine bracelet or belt tied to it almost immediately after birth, and a small piece of wood or two will be fixed to the vine. It is stated that the vine and the wood convey to the child the health and strength of the forest. There is no apparent concern for any supernatural dangers, and no precautionary steps taken.

From the village point of view the lack of such measures involves the child and possibly the mother in great danger, and out of self-concern as much as out of concern for the Mbuti, the villagers proffer charms in abundance to expectant mothers and newborn children. However, the need is only felt by the villagers, not by the Mbuti.

This is precisely the difference we find when we seek other situations for which only the villagers have a cure—they are situations in

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Mbuti

838 513 married men sleeping together. The two age groups do not mix, but among themselves members of the same sex think nothing of sleeping close to each other and deriving mild sexual satisfaction from the physical contact. They state very carefully rules as to how to lie, with legs thrown backwards around the other's legs, or even around his hips or waist, and they say one may entwine legs while lying front to front, though it is not considered good to hold each other too closely with the arms. The thought of any sexual intercourse taking place, [578] however, is greeted with apparent horror, and homosexuality is never alluded to except as a great insult, under the most dire provocation. There is, however, a dance in which the sexes are effectively reversed, and which is danced with the utmost humor, but the role of which [535] I could never exactly determine. The dance, *ekokomea*, is dealt with later in the context in which it occurs; namely, at the time of the *molimo* festival.

837 834 If a considerable amount of sexual liberty is allowed the youths, a fair amount is at least said to be taken by the younger married hunters. I have not, however, been able to record a single instance of a marital dispute involving the band that arose out of infidelity on either side. There are few restrictions on sexual intercourse, though the villagers state many on behalf of the Mbuti. The married hunters, as do the youths, regard the hunt as an opportune time for activity of this kind. At menstruation, which is a time when a village 841 [842] woman is under the strictest ritual prohibitions, the Mbuti attitude is that it all depends on whether or not you want children, as this is when conception is most likely to take place. There are those who enjoy sex at this time, and those who find it distasteful. The only restriction is that a wife should inform her husband, or a girl her boy friend, that she is "with blood" so that he will know.

• 846 837 Immediately following childbirth is a rather vague period, sometimes stated as days, sometimes more grandiosely as years, when intercourse is forbidden. Unfortunately I was able to follow up only on three instances of childbirth, but in each of these the Mbuti fathers did exactly what they said they would do; two of them refrained from intercourse with their wives for about a year, during which time they flirted with as many girls as they liked, and did not deny open gossip that they were "sleeping around." This is the generally accepted pat- 846 853 tern, the reason being given that a woman can only feed one child at a time, so she must not become pregnant again until her last child is weaned. This may be from one to three years. If during that time

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her milk dries up and the child is given to someone else to feed, or if it is weaned early, then intercourse is apparently resumed. The third father, however, while acknowledging this to be the accepted pattern, began sleeping with his wife again within a month. This he did even though he had the rare advantage for an Mbuti of having two other wives. His action caused a major dispute. (See p. 207 *seq.*)

During pregnancy there are no restrictions; sexual activity in early pregnancy is believed to hurry matters along, and during the latter stages is merely considered uncomfortable, and possibly physically injurious to the child and mother.

As the evening settles in, nuclear families sit around their family hearths outside the huts, talking across the camp at each other until they go inside to sleep, or simply lie down to sleep by the fire (the women nearly always sleep inside, but youths and men frequently sleep on their hunting nets either by their own fire or by a central fire). Even when families have retired inside their huts, conversation continues between them. If there is any singing, other than of lullabies, the camp divides into age groups, each building its own fire. Unless there is an *elima* or *molimo* festival, there is no marked division between the sexes.

On retiring for the night family hearths are brought inside the huts, and any central fires are also brought inside unless someone is sleeping by them. When a central fire is broken up, each family tends to take an ember and add it to their own hearth. A fire is not left untended at night. During the night a man may awaken and stoke up a fire, warming himself by the blaze. At such times, when cold, the Mbuti smoke particularly heavily, and as a result they sometimes fall unconscious. They may fall into the fire and suffer serious burns, occasionally fatal, and this is one of the few generally cited causes of accidental death—other than falling from a tree.

On days when the hunt stays in the camp, because of rain or because some dispute has caused a rift, both men and women attend to specific chores. Men repair and add to their nets and make new bows and arrows; the women roll twine and work at basketry. Both may make and decorate bark cloth, a major activity on such a day. A good part of the day is always given to singing, dancing, playing games and storytelling. There is a constant shifting from family groupings to age groupings, but mealtime is the only time when there is a definite emphasis on the nuclear family. Even then, male youths, hunters and elders may take their food to a central fire and

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effective. The only indication of band interest in birth is the prohibition against married women procuring abortions, which are known and sometimes practiced among the unmarried girls, though rarely.

As far as the nuclear family is concerned the event arouses considerable happiness, and the mother's female age mates may gather with her to sing a few *elima* songs to celebrate the blessing of motherhood; a childless woman is regarded as the most unfortunate of beings. A few of the younger youths may show some interest, as the new child will before long become their responsibility for protection and instruction. After a few days, when the child is brought freely into the open, the hunters and elders will fondle it and compliment the parents. The father is as proud as the mother, and just as likely to carry the child around to show it off.

Medical precautions are minimal. The mother is likely to be off on the hunt, or on the trail somewhere when birth takes place; there is no lessening of activity for her during pregnancy. Childbirth is said to be effected easily, with complications only rarely happening. Any woman may act as midwife; the father should not be present. If there is delay the expectant mother may be massaged to help delivery, or she may be brought away from the camp into the forest, and sat close to a tree against which she pulls with a vine rope. Within two hours of delivery, if birth took place in the camp, the mother is apt to appear in the doorway of her hut, with a bundle wrapped in bark cloth held in her arms. Within the same period of time, if birth took place on the trail, she will continue her journey.

Although the father is not present at the birth in person, it must be one of his arrow blades, or formerly a wooden or leaf knife made by him, that will cut the umbilical cord. The blade is kept with the cord until the child is old enough to make a bundle of them both, take them to a stream and bury them where they will get carried away by the next flood waters.

There is also knowledge of a custom of couvade, though I did not find anyone who had practiced it. If the birth is slow, the father takes off all his clothes and his sister-in-law washes and rubs him. She then goes to the place of labor, and when the child is born returns to the father, who must make a token gift before he can clothe himself again.

The father, and the mother's brother, if he is in the camp, cut special vines daily and sprinkle their juices over both the baby and the mother, "to make them strong." Some of these vines contain so much

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juice that when cut they have to be bent, with both ends upward so that the liquid will not be lost. Sometimes they are cut into chunks and soaked in water that is used for washing the infant.

A third precaution that is taken is to tie a vine bracelet around one of the infant's wrists, or around his waist. A small piece of wood may be roughly threaded to the vine, and the stated function is again to give the infant strength, except that with specific reference to the wood, it is frequently said that it "gives the child the strength of the forest."

With regard to preferences among the women as to where they give birth, it varies. But there is unanimity that if there is any difficulty at all, then the right thing to do is to go off away from the camp and into the forest, which will "help." The forest appears quite clearly as helper and protector in the vine and wooden medicines and charms, and in the scarification that will take place at the first sign of sickness. Even with adults this is done: the skin is cut in a number of small slits with an arrow, and some of the flesh is gouged out. The ashes prepared from forest woods and plants are made into a paste with spittle and rubbed into the wounds. When the skin grows back, the black ash is still visible beneath, and is regarded as a source of the strength and health and happiness that derive from the forest.

Both parents are under food restrictions until the baby is old enough to crawl, the main one and the only general one being that they must not eat meat. The father may go hunting, but any meat that falls into his net is divided among the others. More often he stays away from the hunt, sending his net out with some youth. However, somewhere between one and two months after birth, and when the family net has made a particularly successful catch, the father will usually announce that he is eating meat again.

The only other restriction placed on the nuclear family by the crisis of birth is the restraint placed on the father, who is forbidden to have sexual intercourse with the mother as long as she is breast-feeding the child. The restriction is quite definitely linked by the Mbuti to the supply of milk, which is also given as the reason for their rather mild aversion to twins. I know of no record of twins who both survived into adulthood, and it is stated that one of them invariably dies. It is also stated that no woman would feed a child at each breast, and I understand that if twins are born, one is simply not fed by the mother, and is taken away and buried by her friends. But there is no fear of twins, and no ritual in connection with their birth or death.

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626 Everyone agreed
834 that after giving birth a woman should be left alone for a while, and
946 that her belly should not become big again until her child became big.

595 One of the many fights that occurred because of this relationship
593 is described in *The Forest People* (Turnbull, 1961), at the end of
578 Chapter 6. There it is seen that Amabosu sided with his sister, and
626 consequently shared what everyone agreed was at least partly her guilt. Arobanai and Amabosu's mother, Sau, were the two who intervened to stop the fight when it began to get beyond bounds.

Amabosu, who intervened to help his sister, now found himself associated with her in her obstinate disregard of public opinion, so he ignored her and contented himself with continuing, from time to time, to make uncomplimentary remarks about her husband. This created a strain between Amabosu and his wife, Ekianga's sister, and while Sau became the protectress of her daughter-in-law, Arobanai became the protectress of her young co-wife.

One night Arobanai grumbled loud and long throughout the small hours until, about an hour before dawn, she came out into midcamp and woke everyone up with a torrent of abuse that was delivered with such vigor and evident sincerity that men came tumbling out of their huts holding their spears, ready for a large-scale fight. Arobanai had named just about everyone in the camp for some kind of offense,
[201] all of which contributed, she said, to Ekianga's delinquency. To emphasize her points she clapped her hands each time and pointed.
[522] Masisi tried to quiet her down by imitating her and laughing at her, but all but a few were too sleepy to see much humor in the situation, and when he saw he was not achieving anything he abruptly told Arobanai to "close her teeth" and then walked away. Ekianga came out of his hut and also quietly tried to pacify his irate wife, but was equally unsuccessful. Others tried similarly and made equally little impression. Sleep was impossible, and everyone sat around huddled over their family hearth, cold and miserable, listening to the still undiminished flow of invective. Occasionally a finely turned phrase brought some nervous laughter, but on the whole Arobanai was not going after dramatic effect, she was merely cataloguing all the disturbances of the past few months and laying them at her husband's door. After over an hour of nonstop tirade Arobanai began to wind up her argument with an indictment of both Kamaikan and Amabosu. Kamaikan could have resisted Ekianga's attentions, she said, and she added that she had resisted them often enough herself. But Kamaikan